

THE SHOE QUARTER NEWS



May / June 2024

Management Memo

Welcome to all of the new Tenants and Co-Workers who have joined us. We hope that you enjoy being a part of The Shoe Quarter community.

Building works

We will be undertaking some essential Electrical Compliance Works on Friday 21st June on Floor 1 and Friday 28th June on Floor 3 which will include certain socket and lighting circuits on the Third Floor being de energised for a time during the day.

We cannot predict how long or how many these power outages will occur, so to avoid any disruption or loss of saved work, we would suggest avoiding using the co working desks or your offices on this day if at all possible.

These works have been planned for the traditionally quietest day of the week, however If this will cause issues with your planned workflow, please get in touch with Clare, and we will endeavour to provide alternative accommodation elsewhere in the building with WiFi access on that day, on a first come first served basis.

With apologies in advance for any inconvenience.

Tenant Drinks

Join us on the roof terrace on Friday 14th June for drinks and nibbles from 4pm - 7pm
We look forward to seeing you there !



TENANT'S NEWS



Nick - Qoda

Westies annual three-week pilgrimage to Le Tour, starting with a 1,100 mile meander across England, France, Switzerland to the Grand Depart in Florence on 29th June. Vive La France

[Grand Départ Florence Émilie-Romagne 2024 \(letour.fr\)](https://www.letour.fr/)

Should anyone be watching on TV then look out for the delightful banner shown above !

EUDAEEMONIA

KEEPING YOUR HEALTH IN MIND

LUNCH AND LEARN EVENTS

BENEFITS

- Motivates the Team
- Share Information
- Promotes Collaboration
- Teach Key Skills

Lunch & Learn Event
10 Jul 24
Dealing with Stress and Anxiety
12:15pm - 1:45pm
£30pp

A 'Lunch and Learn Event' is a fantastic way to invest in yourself and your staff by encouraging employee growth in an informal setting. A carefully crafted midday training programme can be both effective and enjoyable, providing an engaging learning opportunity for everyone attending. They bring people together to collaborate and learn, and can drive personal, team and business development.

OPEN OR ORGANISATIONAL EVENTS

COMPASSIONATE • CIVILITY • ENABLE • INTEGRITY • EMPOWER

Get in touch today to book your place on an open event or to discuss your organisation's needs

07947 568168
info@eudaemonia.uk
eudaemonia.uk

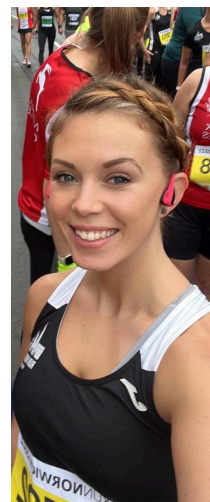
Eudaemonia Lunch & Learn Event
10th July from 12:15 to 1:45pm
Dealing with Stress & Anxiety
info@eudaemonia.uk | 07947 568168

Run Norwich 2024

On Sunday 8th September I'll be taking part in Run Norwich for *Community Sports Foundation*
You can donate via Clare's Just Giving page [here](#)

CSF provide a range of opportunities for people with disabilities to take part in sport, including football, swimming, dance, and more. Their sessions provide an inclusive environment for people to enjoy sport at a comfortable pace.

As Norwich City Football Club's official charity partner, they help thousands of people every year achieve their goals. The vision is to support, inspire, and improve our community.



OFFICE SUITE AVAILABLE

Fully-furnished, ground-floor office suite available in Seymour House, Muspole Street. Suitable for up to 25 occupants. Light and airy shared workspace with three meeting rooms. Large staff welfare area and break-out space with kitchen WC and shower. Available immediately. Flexible lease options available.



AVAILABLE
TO RENT

NEWSLETTER CONTRIBUTIONS

We are always on the look out for Newsletter content. If you have announcements to make or news to share please forward details to clare@our.place and we will endeavour to include it in our next edition.

CONUNDRUM OF THE MONTH

"COOKY BITTE"

Free drink for 1st person to email Clare



Contact: T: 01603 219753 | E: thrive@stgeorgesworks.uk
Connect: [stgeorgesworks.uk](https://www.stgeorgesworks.uk) | #stgeorgesworks | @stgeorges_works

OUR PLACE

TENANT'S NEWS



If you didn't already know, we are now open 7 days a week, serving THE most delicious food along with a selection of great beers and rather strong cocktails too! Happy hour is a good opportunity to come along and try an attractively priced cocktail or two if you haven't already.

And we have a rotating guest list of DJ's playing most Saturday nights.

We are fast approaching our 1st anniversary of throwing our doors open, and we will be celebrating this in true Dick's style! More news to follow on this soon!

Only good choices!



**Atkinson
Moss**

The AM team celebrated their re-brand with a lively party at Dick's Bar on Tuesday 14th May. Their new look highlights their diverse specialisms and values as a business introducing sub-brand colours to complete the Atkinson Moss identity. They were joined by their talented clients who have continued to support them through their journey.



Foxed Arts

FREE 1:1 COACHING




I have recently completed the **Executive Coaching Foundation Level training** through **Guildhall Ignite**, part of Guildhall School of Music & Drama in London.

In order to complete this, I am required to undertake a significant number of coaching hours (at no cost to the client) and am looking for people in any profession who are interested in either one off sessions or a series of regular 60 minute sessions (online). **Contact jacqueline@foxedarts.co.uk for more information**

Better Words Better Business

You don't need an **expert copywriter**.

Someone who:

-  **Engages your target audience**, whatever your goal.
-  **Maximises conversions** across your marketing funnel.
-  **Builds total confidence** in your brand strategy and voice.

Course not.

You'd far rather fudge it yourself.

Call me on **07561 773540** or...
 **lobstercopy.com**.

I'd love to hear how it goes.

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OUR PLACE