

THE SHOE QUARTER NEWS



January 2025

Management Memo

Welcome to all of the new tenants and co-workers who have joined us. We hope that you enjoy being a part of The Shoe Quarter community.

2025 !

We would like to take this opportunity to thank all tenants for their continued support and hope that 2025 is a healthy and prosperous year for you all.

Parking

We will be issuing new 2025 Parking Permits shortly and will contact all permit holders directly to collect. We would like to remind all car parking tenants to make sure you display a valid permit in the windscreen of your vehicle at all times - this allows us to differentiate between our Tenants vehicles and those vehicles who should not be using the car parks.

Refurbishments

Many thanks to tenants and co-workers for their co-operation during the ongoing refurbishment works - we hope the lighter and brighter look enhances your work environment.

The Shoe Quarter Asset Management Team

Shoe Quarter Social

Here are a few photos from our pre-Christmas tenant drinks on 13th December, it was a great night.

Our next social drinks event will be on Friday 28th March, 3pm-6pm in the Boardroom, see you there!



TENANT'S NEWS

SERVICE SERVICE

- Recruitment Agency -

Hi all.

Service Service would like to wish you a very happy and healthy new year!

We have hit 2025 with a huge selection of careers available, so if you know of anyone seeking a new challenge, then please do get them to contact us.

We work with administration, sales, customer service, financial services, engineering and IT roles, so are well placed to assist most people.

Give us a call on 01603622667 for a chat.

Cheers!



AVAILABLE SPACE

St Georges Works

Offices: 3:7 & 3.18 are currently available at St Georges Works.

Small studio available at Lion House.
Contact Clare for more details

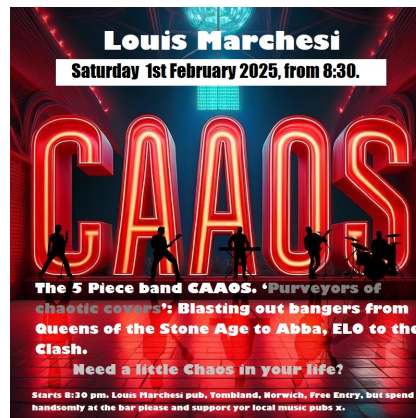
CONUNDRUM OF THE MONTH

"Hot Square Three"

Free drink for 1st person to email Clare with the right answer

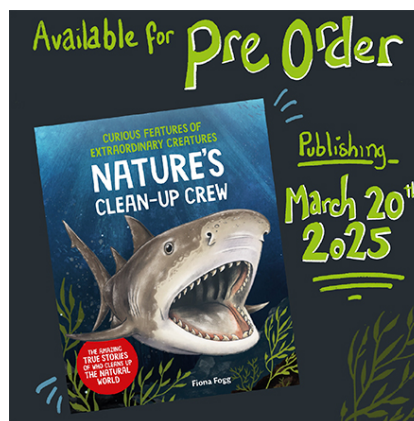
The use of 'Anagrammer' to solve it will result in being disqualified

Hi all. It's me...Andy from Service Service...



If you have nothing to do on a Saturday night and randomly fancy watching me and a few middle aged blokes play cover songs ranging from Queens of the Stone Age to ABBA (yes, that happens!), then come to the Louis Marchesi on the 1st Feb.

Free entry. Just buy yourself some beers, get your groove on and have fun! Cheers!



Fiona Fogg's new Non fiction children's book: 'Nature's Clean Up Crew' Coming This Spring!

Local Illustrator Fiona Fogg, based in St Mary's Works, is delighted to announce her latest non-fiction children's book: "Nature's Clean Up Crew."

This follow-up to "Curious Features of Extraordinary Creatures" (published last year by Macmillan Books, with signed copies available at Waterstones) will launch on March 20, 2025.

Building on her previous exploration of unique wildlife, "Nature's Clean Up Crew" introduces remarkable creatures that are essential to maintaining our planet's ecological balance. The book highlights these unsung heroes of our ecosystems and their crucial contributions to environmental health.

Pre-orders are now available through all major book retailers. For exclusive previews and upcoming launch event announcements, follow Fiona on Instagram (@FionaFoggDraws) or subscribe to her newsletter.

Available in hardcover, and digital format.



Contact: T: 01603 219753 | E: thrive@stgeorgesworks.uk
Connect: stgeorgesworks.uk | #stgeorgesworks | @stgeorges_works

OUR PLACE

TENANT'S NEWS

Sold Brands

Think of your best customer. Want more customers like this in 2025?

Want to know your competitive advantage and why your best customers choose you?

Sold Brands is offering businesses in St George's Works a zero cost 90-minute workshop session where we help you identify your ideal buyers and give you 3 strong ideas on how to communicate that competitive advantage - improving every stage of your sales and marketing process.

For more information please email kieron@soldbrands.com

Trett Films

We won the audience choice award for one of our films called "Dial". It was voted the best by the audience members attending the film festival. The film festival was 'Fear in the Fens' and Kit Lewis, the festival director, visited us here at St. George's to drop it off. The film also had a sold-out premiere at Cinema City last year and was nominated for best east Anglian film at Norwich Film festival. The screening for the film festival was also sold out. The film isn't public yet but the trailer can be viewed here:

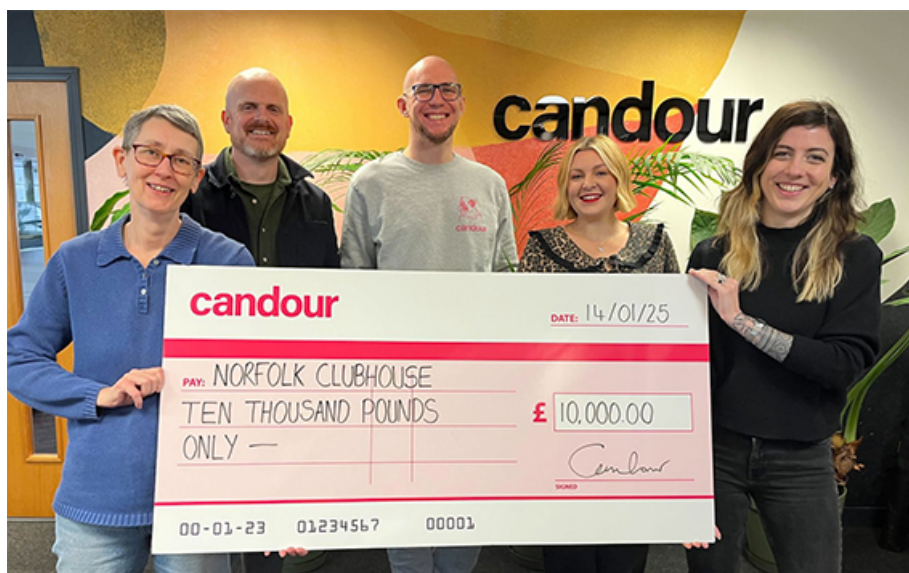
<https://vimeo.com/860941507/a39f69eb63?share=copy>

Chris Andrews

Christopher Andrews is a UK-based writer-director. His debut feature BRING THEM DOWN, featuring Barry Keoghan and Christopher Abbott premiered at TIFF 24, and won the Douglas Hickox Award for Best Debut Director at the British Independent Film Awards. He has also written scripts for the upcoming films CAVENDISH, FRANKENSTEIN IN BAGHDAD and TRAWLER



Starring Oscar-nominee Barry Keoghan (*Saltburn*) and Christopher Abbott (*Possessor*), BRING THEM DOWN is a tense and gripping thriller about two warring families set against the harsh landscape of rural west Ireland. When the ongoing rivalry between farmers Michael (Abbott) and Jack (Keoghan) suddenly escalates, it triggers a chain of events that take increasingly violent turns, leaving both families permanently altered. From award-winning first-time filmmaker Christopher Andrews and co-starring Colm Meaney, Paul Ready and Nora-Jane Noone, this is a fierce, muscular debut that signals a bold new cinematic voice.



For 2025 Candour will be working with local charity Norfolk Clubhouse, who support persons facing mental health challenges.

We made an initial donation of £10,000 to kick off a plan of support for the year to help grow the charity and its effectiveness.

Pictured (left to right): June Webb (Norfolk Clubhouse), John Skinner, Mark Williams-Cook, Jessica Bettis, Tabby Farrar (Candour)

TENANT'S NEWS



PILATES

My name is Gintas. I have been teaching Pilates for 11 years. I qualified with Body Control Pilates in mat work and Reformer. I teach in a fully equipped studio on Duke Street.

I specialise in men's classes. Being a 60 year old man, I have plenty of experience in the challenges that men's bodies face.

Beginners: Tuesdays 6pm
Reformer Ladies: Tuesdays 3pm
Reformer Men: Thursdays 7:15pm
Saturdays 10am
Mat mixed abilities: Saturdays 11:30am

Private classes available

All classes are held at Nikki Horner Pilates Studio, Second Floor, St Mary's House.

The Beginners mat course is £60 for 6 weeks.

Advance booking only as limited numbers.
Contact Gintas to book or for more information.

Email: gintopilates@gmail.com
Tel: 07514 908461

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Connect: [stgeorgesworks.uk](https://www.stgeorgesworks.uk) | [stgeorgesworks](https://www.instagram.com/stgeorgesworks) | [@stgeorges_works](https://www.instagram.com/stgeorges_works)

Helen Wells & Cat Nash

With Guest Playwright Rupert Mallin are collaborating on an exhibition, performances and workshops in St. Mary's Works in May.

It will take place at the same as the NN Festival and a Jazz Festival based in the Art Centre so Norwich will be buzzing with creativity!

We hope everyone will come and support us. We will publicise again nearer the time.

FAST SLOOOOOW
The art of fashion

St. Marys Works
Norwich
NR3 3AF

May 15-24 2025
Open daily 12-5

Opening Event Thursday 15 May 6-8

Performances, Installation, Conscious Fashion, Video Projection, Workshops

A collaboration:
Helen Wells Multimedia Artist
Cat Nash Designer Maker Conscious Fashion
Rupert Mallin Artist Poet Playwright

Supported by

OUT THERE NORWICH

Are you looking for a social group that gets you out in nature, meeting new people and trying new things? Well this is the group for you!

When: Monthly wellbeing sessions, from 9.45am - midday, on the 3rd Sunday of the month.

Where? Next to the Red Lion, Bishopsgate, Norwich (@theredlionbishopsgate), in the new Lions Den (@thelionsden), by the river.

You can choose to join a run, walk, cycle or paddle board for the first hour and then come together for a social in the 2nd hour. Drinks and snacks/meals available to buy at the Lions Den and Red Lion.

All ability levels welcome, there will be a variety of distances for each activity.



Open to all, no cost and no sign up necessary! It'd be great if you were able to join this new social wellbeing session.
Any questions go to **@OutThereNorwich** on Instagram

OUR PLACE